

Engage Renfrewshire are delighted to announce that the below groups/projects have been successful in applying for funding from the Community Mental Health and Wellbeing Fund for 2024/2025.

A cross-sector panel decided funding allocations and all funds are now distributed. The funding period will run for a maximum of 11 months. This year we received more applications than ever before, with a total request amount of over £1.1 million. Our thanks to our panel and all those who applied this year.

Please see the final pages for an overview of the key themes emerging from these projects.

Organisation	Amount Allocated
Active Communities	£ 8,100.00
Afghan Scottish Families' Association	£ 400.00
Barcraigs Open Water Swimmers	£ 2,764.92
Bipolar Scotland	£ 5,000.00
Bishopton Tennis Club	£ 5,000.00
Brick Lane	£ 10,000.00
Brightest Star	£ 7,265.00
Cameron Dance Group	£ 470.00
Community Circus Paisley	£ 8,500.00
Community Together	£ 1,000.00
Create Paisley	£ 10,557.00
Dates-n-Mates	£ 8,000.00
Disability Resource Centre User's Committee	£ 3,500.00
Early Years Scotland	£ 7,393.00
Erskine Over 50's Swimming Club	£ 360.00
Erskine Tabletop Role Playing Group	£ 1,872.00
Finding Your Feet	£ 8,759.50
Forever Young	£ 2,000.00
Friends of Howwood Park	£ 11,520.00
Glenvale AFC	£ 9,118.36
Glenburn Baptist Church	£ 10,000.00
Greensyde Carers	£ 2,500.00
Home-Start Renfrewshire & Inverclyde	£ 18,381.43
Inchinnan Development Trust	£ 4,400.00
Johnstone Dementia Friendly Community Group	£ 5,047.98
Jubilee House	£ 24,664.00

RENFREWSHIRE



COMMUNITY  
MENTAL HEALTH &  
WELLBEING FUND

Just Dive In CIC	£ 6,500.00
Kairos Women+	£ 11,175.00
Kilbarchan Smile	£ 1,400.00
Kustom Kruizers	£ 4,000.00
Loud n Proud	£ 4,800.00
New Tannahill Centre Ltd	£ 2,000.00
Open Aye cic	£ 10,000.00
Pachedu	£ 17,974.08
Paisley North Church of Scotland	£ 4,820.00
Paisley Opera	£ 5,600.00
PAMIS	£ 5,298.48
Paterson Park Allotments	£ 1,975.00
Quarriers	£ 9,107.00
Ralston Community Council	£ 8,850.00
Ralston Primary out of School care	£ 5,700.00
REEM	£ 6,838.00
Ren Connects	£ 3,200.00
Renfrew Cricket Club	£ 7,350.00
Renfrew YMCA SCIO	£ 6,780.00
Renfrewshire Carers Centre	£ 8,124.00
Renfrewshire Community Transport (RCT)	£ 10,000.00
Renfrewshire Family Support	£ 1,100.00
RIG Arts	£ 11,466.00
right2dance	£ 6,000.00
ROAR Connections for Life - Intergeneration Digital Café	£ 2,990.00
ROAR Connections for Life - Chatty Café	£ 3,000.00
School of African Cultures	£ 11,570.39
Sculpture House Collective	£ 11,496.00
Sewing2gether All Nations	£ 7,032.48
Shopmobility Renfrewshire	£ 4,250.00
Sporting Memories Foundation Scotland (SCIO)	£ 2,750.00
St Andrew's First Aid	£ 10,000.00
St Mary's ROAR Group	£ 1,470.00
St Mirren FC Charitable Foundation	£ 7,000.00
STAR Project	£ 14,583.00
Street Connect	£ 10,000.00
The Art Department, Paisley Ltd	£ 10,000.00
The Buddy Beat	£ 5,000.00
The Preshal Trust	£ 14,400.00
The Thursday Club	£ 5,250.00

Waterbaby Arts SCIO	£ 9,020.00
West Scotland Paranormal Research	£ 3,220.00
You First Advocacy	£ 24,000.00
Youth Inspired (formerly Youth Interventions)	£ 9,020.00

## Key themes in year four

Below are 9 key themes emerging from the funding provided to groups this year.

The Fund directly contributes to Outcome 4 of the [Mental Health and Wellbeing Strategy](#) published by Scottish Government in June 2023, in that the key aim of the fund is to create “better equipped communities to support people’s mental health and wellbeing and provide opportunities to connect with others”.

### Key Themes Summary

#### 1. Community Connection & Social Inclusion

- Reducing isolation and fostering social connections through community spaces, peer support and shared activities (e.g. men’s groups, dementia support, community singing).

#### 2. Physical Health & Active Lifestyles

- Encouraging participation in sports, walking groups and movement-based arts (dance, aerial movement).
- Inclusive fitness opportunities catering to a range of abilities.

#### 3. Skills Development & Personal Empowerment

- Volunteering as a pathway to confidence and employment.
- Mental Health First Aid, advocacy skills and peer mentoring to empower individuals and volunteers.

#### 4. Support for Marginalised & Vulnerable Groups

- Tailored initiatives for specific communities (e.g. New Scots, ethnic minorities, carers, people with acquired brain injuries).
- Safe spaces for women+ and those affected by trauma or domestic abuse.

#### 5. Environmental & Outdoor Engagement

- Community-led environmental projects (environmental improvements, heritage trails).
- Nature-based wellbeing activities (gardening, nature walks, open-water swimming).



## **6. Creativity & Culture for Wellbeing**

- Art, music, and performance-based activities fostering social connection and mental health.
- Engaging diverse groups through creative expression (e.g. sculpture workshops for autistic adults, opera groups, tabletop gaming groups).

## **7. Transport & Accessibility**

- Addressing transport barriers across Renfrewshire to improve access to community services and reduce isolation.
- Workshops on safe use and maintenance of mobility aids.

## **8. Food Security & Financial Wellbeing**

- Community meals, food growing initiatives and nutrition education.
- Reducing financial barriers to participation in cultural and physical activities.

## **9. LGBTQ+ & Youth Support**

- Safe spaces for LGBTQ+ youth to foster peer connection and personal growth.
- Peer support for bereaved families, neurodiverse families and young adult support programmes