

RENFREWSHIRE



COMMUNITY
MENTAL HEALTH &
WELLBEING FUND

Engage Renfrewshire are delighted to announce that the below groups/projects have been successful in applying for funding from the Community Mental Health and Wellbeing Fund for 2022/2023.

Funding allocation was decided by panel and all funds are still subject to the signing of an organisation-funder agreement. Engage Renfrewshire were given a total of £504,837.13 to distribute to the third sector and we received applications totalling £1.7 million. Our thanks to our panel and all those who applied this year.

| Organisation Name | Name of Project | Funding Awarded | Project Aims |
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| Brick Lane Music School | | £10,000.00 | Continue the delivery of an inclusive Music Café for adults |
| Bridgewater HA | | £4,000.00 | Deliver the FLAIR For Life small funding for local residents across the housing association area. |
| Bridgewater HA | | £6,500.00 | Reduce social isolation and the impact on the mental health amongst vulnerable tenants. The programme offers 2-3 free classes per week held in the local community centre for sheltered tenants. |
| Bungalow Enterprises CIC | | £9,250.00 | Develop an older person's club and offer cultural opportunities (both watching and participating) for older adults, particularly those living with memory loss. |
| C-Change | Dates'n'Mates Renfrewshire | £6,500.00 | Supporting the delivery of social and befriending events for adults with additional needs in Renfrewshire, tackling isolation and stigma. |

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| Create Art and Allotment Group | | £1,500.00 | Funding will support material costs for an art group in Paisley who make use of a local allotment. |
| CREATE Paisley | | £12,207.00 | Employ a dedicated Wellbeing Worker who will support the needs of 16-25-year-olds engaging in existing services. |
| Erskine Arts | | £13,234.21 | Funding will support a dedicated staff position to maintain and grow the existing programme of free musical activity for adults in Renfrewshire. |
| Erskine MBC Social Group | | £1,200.00 | Revive activities that were suspended under COVID restrictions, which serve to reduce loneliness for residents in the Erskine area. |
| Ferguslie Park Housing Association | | £4,000.00 | Deliver the FLAIR For Life small funding for local residents across the housing association area. |
| Finding Your Feet | | £13,420.00 | Support for amputees in Renfrewshire through group activities and offering cost of living support. |
| Forever Young | Aging Creative Programme | £6,400.00 | Development of a programme for older adults across sheltered housing complexes in Renfrewshire. |
| Friends of Barshaw Park | | £1,000.00 | Funding will support an open programme of arts and cultural workshops for all within Barshaw Park. |
| Glenburn Independent Baptist Church | Serve2020 Book Club | £9,815.00 | Deliver a weekly Book Club, providing books for refugees and migrants to Renfrewshire who are learning English. Funding would also support English Language lessons and ongoing support. |
| Glenvale FC | | £6,500.00 | Funding will support pitch fees for all and scholarship programme to encourage all in community to participate. |
| Home-Start Renfrewshire & Inverclyde | Wellbeing Project | £28,379.00 | Funding will increase the previously funded Wellbeing Project activities by 20% to meet demand. The Wellbeing Project covers wellbeing sessions for parents, including women with mild to moderate perinatal mental ill health. |
| Inchinnan Development Trust | | £7,500.00 | This project will explore using the community-woodland, Teucheen Wood as a space for wellbeing and supply a series of 'nature wellbeing' sessions open to all across Renfrewshire. |

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| Inspiring Families | | £5,000.00 | The projects focusses on Confidence Building for ethnically diverse people and people who have recently moved to Renfrewshire. |
| Jambo! Radio | Mind Matters | £10,000.00 | Deliver a weekly mental health broadcast project - Mind Matters - for the BAME community. Funding will support volunteer expenses, outreach programme and production costs. |
| Jubilee House | | £25,400.00 | Funding will support the employment of a manager to ensure the group can open full time to meet demand. |
| Kairos Women+ | Wellness Project | £20,000.00 | The project involves: Creative Cafe, Skills Cafe, Mental Wellness Course and Lived Experience Planning Group who will develop and deliver a mental health focussed event in December 2023. |
| KLAS Care C.I.C | Renfrewshire Families Together | £11,716.80 | Development of the Renfrewshire Families Together Project which was piloted during COVID. Employing a partnership approach to engage families across the area in weekly workshops based around accessing the right support services, encouraging and promoting self-management and recovery. |
| Linstone Housing Association | | £4,000.00 | Deliver the FLAIR For Life small funding for local residents across the housing association area. |
| Local Energy Action Plan | Lochwinnoch Feel Good Festival | £5,000.00 | The festival is made up of an ongoing programme of events, designed to enhance the wellbeing of those who take part, namely residents of Lochwinnoch village. |
| Loud n Proud | | £5,180.00 | Develop a music learning club for older adults, particularly those living with memory loss or dementia. The Club will be a supportive and inclusive music community with tutors on hand to help support learning. |
| Mhairi's Mindfulness to Wholeness | | £2,000.00 | Funding will support a pilot of Mhairi's Mindfulness to Wholeness, a new wellbeing practice based around art and wellbeing workshops. |

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| Mossvale Community Church | Sewing2gether All Nations | £11,750.72 | Funding will support salaries to continue the Sewing2gether All Nations project. Dedicated workers (including Lived Experience Workers) work with each individual engaged in the sewing workshops on any need that arises as part of their process for seeking refugee or asylum seeker status. |
| New Tannahill Centre Ltd | | £20,000.00 | Funding will support three elements that will alleviate some cost of living pressures for residents in Ferguslie Park and increase capacity within the community. |
| Open Aye CIC | Renfrewshire Green Map Photo Project | £8,000.00 | Participatory photo projects designed to enhance the wellbeing of participants by introducing them to new spaces and upskilling them in photography. The project will work particularly with refugees in Renfrewshire to give them a sense of connection to this new space. |
| Outspoken Arts | | £16,560.00 | Free creative learning classes throughout the year. Open to all. |
| Pachedu | Wellbeing Project | £33,914.20 | Continuation of Wellbeing Project for ethnically diverse communities in Renfrewshire - includes weekly advocacy drop-in, activities, self-help coaching, mental health awareness sessions, cultural events, fitness sessions, and activities for women. |
| Paisley Housing Association | | £4,000.00 | Deliver the FLAIR For Life small funding for local residents across the housing association area. |
| Paisley Opera | | £5,000.00 | Funds to support weekly running costs and promotional pop-up sessions. |
| Paisley Rugby Football Club | Women and Girls Section launch | £3,100.00 | Funding will help launch the women and girls section of the club following a successful pilot. |
| Paisley Singers | | £2,000.00 | Support the start-up of a new choir, Paisley Singers. The new choir aims to bring older adults together to tackle isolation and build confidence. |
| Paisley St George's Church of Scotland | | £600.00 | This project is for the provision of activities offering support to the local community of Glenburn of all ages, ethnicity, and abilities. |
| Paterson Park Allotments | | £1,980.00 | Funds to build an accessible ramp at premises to ensure those with mobility issues can access the allotments. |

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| Ralston Community Council | | £8,150.00 | Deliver a pilot programme of sport activities for adults in Ralston area of Paisley. |
| ReMode | Open Mic and Make Project and Maker Weekends | £15,000.00 | Two part project: development of a youth-led (16-24) creative programme centred on zine creation workshops that explore the climate crisis. Introduction of Maker Weekends for general population. |
| Renfrew Cricket Club | Introduction to Cricket for Adults | £8,980.00 | Funding will support three blocks of sessions (10 week winter indoor sessions, 18 week outdoor spring sessions and 10 summer games). Coaching, facilities and equipment will all be provided to remove financial barriers. |
| Renfrew Development Trust | Renfrew Men's Shed | £7,000.00 | Trial a Men's Shed for Renfrew to tackle isolation and develop a new community space. |
| Renfrew YMCA | | £11,000.00 | Develop the work of the previously funded Development Worker post to support new parents and carers in Renfrew. |
| Renfrewshire Carers Centre | | £2,880.00 | Develop a previously piloted Bereavement Group for carers in Renfrewshire. |
| Renfrewshire Effort to Empower Minorities (REEM) | | £6,769.70 | Delivery of culturally appropriate supports for ethnically diverse groups in Renfrewshire. Activities include Advocacy and Befriending service, Fortnightly Walking Group, Fortnightly Coffee and Chat Sessions. |
| RIG Arts | EVOLVE Seedhill | £7,024.50 | Support the delivery of Evolve Seedhill - an ambitious creative programme in Seedhill, Paisley, to support residents to rebuild and recover from the pandemic. |
| Right2Dance | Just For You Wellbeing Programme | £17,554.00 | Develop the wellbeing programme for adults in Renfrewshire called 'Just for You' which promotes positive mental health, through a fun and accessible programme of dance classes. |
| Roar Connections For Life | Jam Jar Cinema Project | £2,640.00 | Open a weekly cinema in West End Community Centre, Paisley for people over 50. |

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| Roar Connections For Life | Well Connected Project | £5,320.00 | Funding is needed to assist with this project to raise awareness, community commitment, and facilitate consultation to build the Connectedness Network. Directly funded project activities would include: Walking Football in the Paisley East area and Zumba activities for older adults in areas across Renfrewshire. |
| St Mary's ROAR Club | | £1,700.00 | Funding sought to cover hall hire for St Mary's Older People's fitness group who meet weekly to socialise and keep physically active. |
| St Mirren FC Charitable Foundation | | £17,400.00 | Funding will employ a Women's Mental Health Support Worker on a fixed-term contract to support the delivery of a female-focused version of The Changing Room programme. |
| STAR Project | | £16,544.00 | A partnership project which will see the continuation of the work of the Outreach Development Worker post at STAR. The ODW supports Paisley's Men's Shed and Chin Up Men's Group, second year funding will also support the development of a youth group (16-17 year olds). |
| StudioFV | | £4,000.00 | Delivery of workshops based on film and production training. |
| Talk It Over Paisley | | £900.00 | Talk It Over is a small support group for mothers with postnatal depression and/or anxiety. Funding will support a crèche service. |
| Thursday Club | | £3,000.00 | Funding to cover hall hire for weekly meetings of this older persons club in Gleniffer area of Paisley. |
| Twist & Hit Cheerleaders | | £6,800.00 | Fitness classes for women/new mothers in Renfrewshire. |
| West Scotland Paranormal Research | | £2,000.00 | Group development costs to establish as a registered community group. Funds also support activity that will bring the group together. |
| Williamsburgh Housing Association | | £4,000.00 | Deliver the FLAIR For Life small funding for local residents across the housing association area. |

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| Williamsburgh Housing Association | Jones & Us Fitness Programme | £9,568.00 | The programme will run over 10 weeks, with 2 x weekly sessions in different areas of Renfrewshire (covering Association housing areas). Each session will focus on a different sport; football, touch rugby, basketball etc. This project will be run in partnership with local CIC Jones & Us. |
| Youth Interventions | | £10,000.00 | Establish a peer-led ASN Parent Support Group in Linwood, in close proximity to one of Renfrewshire's ASN Schools (Riverbrae). Funding will directly support a development worker to establish the group. |