

HIV PrEP – National Resources Update - May 2022

Background

HIV PrEP (Pre-Exposure Prophylaxis) is one of a range of options to prevent the transmission of HIV and can be of benefit to anyone at risk of HIV transmission. Some groups of people at higher risk of exposure to HIV who might benefit from using HIV PrEP include:

- Gay, bisexual and other men who have sex with men
- Men and women from black African communities
- People from transgender and non-binary communities
- People who exchange sex for payment
- People who inject drugs

New National Resources

A suite of new and updated HIV PrEP resources have been developed in collaboration with NHS, third sector and academic partners on behalf of the Scottish HIV PrEP National Co-ordination Group. These resources aim to increase awareness of HIV PrEP and support people considering, or prescribed, HIV PrEP and their sexual partners to have the information and knowledge required to make informed choices about HIV PrEP.

The resources are held centrally on www.prep.scot and include:

- **What do I need to know about HIV PrEP? – Leaflet**

This booklet helps people make an informed choice about taking HIV PrEP. It describes what HIV PrEP is, who can use it, how it can be accessed and how it can support sexual health and help to protect against HIV. It also explains how it should be taken and clearly explains the difference between daily dosing and event-based dosing. This booklet is designed to complement and reinforce the discussion between a healthcare professional and a patient who is either considering, or who has been prescribed (this replaces the current “PrEP in Scotland” booklet)

- **6 Population Specific Booklets** designed to prompt initial discussion with people who may benefit from HIV PrEP including:
 - HIV PrEP for gay, bisexual men and men who have sex with men
 - HIV PrEP for men and women from black African men and women
 - HIV PrEP for trans and non-binary people
 - HIV PrEP for people who exchange sex for payment
 - HIV PrEP for people who inject drugs
 - HIV PrEP for people in serodiscordant relationships

These leaflets help prompt discussions about the benefits of HIV PrEP and help people make an informed choice about taking HIV PrEP.

- **Event Based Dosing Diagram** - A diagram that explains event based dosing to support discussions between a healthcare professional and patient about single and multiple episodes of sex and event based dosing.
- **Two short films** - Targeted at black African communities and trans and non-binary people in Scotland presenting HIV PrEP in the cultural context within which sex takes places for these groups. These films aim to provide accurate and relevant information to help these key population groups make informed decisions about their own health, and the health of others they care about.

Where to access these resources

The website www.prep.scot brings these resources together and allows anyone thinking about HIV PrEP to easily access the information they need and links people to their nearest sexual health services that provides HIV PrEP. All leaflets, booklets and the diagram can be downloaded in accessible PDF form from www.prep.scot

Information for Local NHS Sexual Health Services

All 7 booklets are available to order via the Public Health Scotland (PHS) [Web2Print portal](#): (Please see attached information from Public Health Scotland on their Web2Print Portal.

Please note that this product is not a Public Health Scotland publication. It has been produced by the national PrEP Coordination Group and as such, is not included in the Public Health Scotland Budget. For the order to progress, you will need to reference a Purchase Order Number in the "NHS Board/Organisation" field when placing your order.

Further Information

National HIV PrEP Resources: If you have any questions about these resources please contact the NHS GGC Sexual Health Improvement Team via: Lorraine Fleming (lorraine.fleming4@ggc.scot.nhs.uk) or Scott Bissell (scott.bissell@ggc.scot.nhs.uk).