FERGUSLIE LEARNING CENTRE

Providing certificated learning opportunities at beginner's levels within a friendly, community environment.

WEST COLLEGE SCOTLAND

The Ferguslie Learning Centre provides certificated learning opportunities at beginner's levels within a friendly, community environment.

This Ferguslie Learning programme is designed to assist adult learners building upon their Employability and Life skills using a blended learning approach. The Centre is based in the heart of Ferguslie and provides a warm welcoming environment for adults returning to learning. Breakout rooms are available for students to take time out as and when required. All programmes last aproximately 12 weeks.

Monday

Exploring Wellbeing (Online)

SCQF Level 4

22/02/21
9.30 pm to 12.30 pm

Let's explore what it means to have a sense of wellbeing

Within the course we will look at different views of mental, emotional, social, and physical health and wellbeing. You will develop an understanding of personal wellbeing as a holistic concept, influences by individuals, social, global, and environmental factors.

Using information from these sources we will investigate factors that influence wellbeing and develop the ability to assess and explain what helps to make informed choices about our own wellbeing.

Next Steps – this unit is 1 of 2 units of a group award and the next unit Improving Wellbeing will be offered within session 21/21 if learners wish to complete the full award..

Eco Textiles (Face to Face delivery)

SCQF Level 4

Date TBC
9.15 am to 12.15 pm

Are you interested in sustainable sewing projects?

The whole idea behind "sustainability" in general and sustainable sewing in specific is that of leaving a minimal impact on the planet.

Because such a large percentage of environmental damage is related to clothing being so "disposable", we think we should make do and mend items, and make new ones that are useful either around the home or for personal use. The list below is some of the projects that we would hope to cover over the time, the tutor and the group will decide on which ones they want to work on together.

Moving on in IT (Online)

SCQF Level 4

15/02/21
12.30 pm to 3.00 pm

This course is for learners who require the very basics of computer skills. The course will cover;

how to edit documents

how to use Word and Power Point

Setting-up folder and files

Learn to use the internet

Composing an e-mail and sending attachments

Also importantly how to keep your data and information safe online.

Tuesday

Personal Development: Self in Community through Horticulture

SCQF Level 4

09/03/21
9.00 am to 12:00 pm

This course will improve your self-reliance and confidence by developing interpersonal skills, working within a group in a horticulture environment.

The group will carry out a project in the context of one or more communities within a horticulture setting, with tutor support.

Please note this class is mainly outside in all weathers, if this is not your scene then please have a look at our other programmes.

Allotment Gardening (NEW)

SCQF Level 4

09/03/21
1.00 pm to 4.00 pm

You will design and develop skills in growing a range of fruit and vegetables, from planting to harvest in an allotment garden.

You will select we investigate which plants to plant out and care that are best for the environment you have available. Planting and caring for a range of fruit and vegetables.

The course is for candidates with little or no experience of horticulture.

Please note this class is mainly outside in all weathers, if this is not your scene then please have a look at our other programmes.

NEXT STEPS - This unit is 1 unit of 3 within a National Progression Award, the other two units will be planned for Session 21/22 if learners wish to progress to completion of the full award.

Wednesday

Child Development (Online)

SCQF Level 4

10/02/21
9.30 am to 12.00 pm

This course introduces the aspects of child development and the key milestones of development from pre-birth to 12 years.

You will investigate and build upon your knowledge within a group, researching one aspect of child development and presentation these findings, supported by an evaluation which will develop your skill of reflection.

Personal Development: Self Awareness (Online)

SCQF Level 4

17/02/21
9.30am to 12.30 pm

This course will assist individuals who have been social isolated this course will introduce individuals to a group setting albeit initially on-line, looking at skills to build confidence, self-esteem, and self-awareness through self-evaluation.

Looking at their own existing qualities, feelings and life achievements learners will select an area of development and with tutor support they will be undertaking a personal project.

NEXT STEPS – this programme will give learners more confidence to think about more learning, volunteering or employability options, information for these options will be offered at the end of the programme.

Thursday

Business in Action (New) (Online)

SCQF Level 4

18/02/2021
9.15 am to 12.15 pm

This introductory course will explain the basic understanding of why and how individuals set up in business.

You will develop an understanding of simple facts and ideas of the functional activities of small businesses and the actions needed to take to satisfy customers' needs and wants.

This course will assist individuals to demonstrate simple business planning and decision making while encouraging enterprising skills and attributes through practical activities.

NEXT STEPS - This unit is 1 unit of 3 within a National Progression Award, the other two units will be planned for Session 21/22 if learners wish to progress to completion of the full award.

Friday

Influences on Mental Health and Wellbeing (Online)

SCQF Level 4

12/02/21
9.15 am to 12.15 pm

This course will introduce the factors which may cause individuals to experience mental health and wellbeing issues. Considering how technology and social media can influence mental health and wellbeing.

NEXT STEPS – This unit is 2 of 3 units of a National Progression Award which learners can obtain when attending Ferguslie Learning Centre unit 1 of the three will be offer again in Session 21/22 if learners wished to complete the full award.

Coping Strategies and Building Resilience (Online)

SCQF Level 4

12/02/21
12.45 pm to 3.45 pm

This course is designed to provide the opportunity to define and identify mental wellbeing and ways to support positive mental health.

Learners will consider what the terms 'resilience' and 'coping strategies' mean using personal knowledge and reflection to apply knowledge and theory which informs mental health and wellbeing.

Learners will undertake research on different coping strategies and will learn theories which underpin our understanding of wellbeing and explore formal and informal support networks which can be accessed in times of need or to help maintain our mental health and wellbeing.

NEXT STEPS – This unit is 3 of 3 of a National Progression Award which learner can obtain when attending Ferguslie Learning Centre unit 1 of the three will offered again in Session 21/22 if learners withed to complete the full award. It will support general understanding and is a good foundation for further study for those with an interest in working within public services.

* COURSES MAY BE SUBJECT TO CHANGE

COURSES ARE FREE OF CHARGE TO THOSE IN RECEIPT OF BENEFITS OR ON A LOW INCOME

If you are not in receipt of benefit, please contact Kathleen for more information.

Recruiting Now

The Prince's Trust Team Programme is Back!

If you're aged 16-25 and would like to build your self-confidence and motivation – then our 12 week programme could give you the direction you are looking for! Starting 10 February (subject to government guidelines) our next Paisley Team will get you on track for 2021.

WEST COLLEGE SCOTLAND

Prince's Trust

For more info or to reserve your place

Call or email
Jackie Shirley:

07881783790

jacqueline.shirley@wcs.ac.uk

STUDY WHERE AND WHEN IT SUITS YOU

FREE Introductory Courses

FREE Level 2 Certified Courses

West College Scotland
Ferguslie Learning Centre

Opening Times
Monday – Friday
9.00am – 4.30pm

Ferguslie Learning Centre
10 Falcon Crescent, Paisley, PA3 1NS

To book a place on any of these courses or for more information contact:

t 07980 696139
e kathleen.brown@wcs.ac.uk

WEST COLLEGE SCOTLAND
ONLINE LEARNING

t 0141 581 2319
e onlinelearning@wcs.ac.uk

www.westcollegescotland.ac.uk

Please visit the website, to see current promotions and offers